

# ECHO IDAHO: OPIOID ADDICTION AND TREATMENT

## Pain Contracts: Informed Consent and Treatment Agreements

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# Learning Objective

Overview of the Idaho Board of Medicine  
Policy for the Use of Opioid Analgesics in the  
Treatment of Chronic Pain

# Idaho Board of Medicine Policy for the Use of Opioid Analgesics in the Treatment of Chronic Pain

- Responsibility for Appropriate Pain Management
- Preventing Opioid Diversion and Abuse
- Patient Evaluation and Risk Stratification
- Development of a Treatment Plan and Goals
- Informed Consent and Treatment Agreement

# Sample Interview Video

[https://www.youtube.com/watch?v=So7rGNUmQqQ&list=PLbkf2UlnYn6tYpM0cgOMnhsRmqkKYy\\_U1&index=2&t=0s](https://www.youtube.com/watch?v=So7rGNUmQqQ&list=PLbkf2UlnYn6tYpM0cgOMnhsRmqkKYy_U1&index=2&t=0s)

- What did you learn?
- What did you disagree with?
- What do you want to implement in your practice?

# Idaho Board of Medicine Policy for the Use of Opioid Analgesics in the Treatment of Chronic Pain

- Initiating an Opioid Trial
- Ongoing Monitoring and Adapting the Treatment Plan
- Periodic Drug Testing
- Consultation and Referral
- Discontinuing Opioid Therapy
- Medical Records

# References

- <https://bom.idaho.gov/BOMPortal/BOM/PDF%20FORMS/ModelPolicyUseofOpioidAnalgesicsinTreatmentofChronicPain.pdf#:~:text=Idaho%20Board%20of%20Medicine%20Policy%20for%20the%20Use,of%20Medicine%20recognizes%20that%20principles%20of%20high%E2%80%90quality%20medical>
- Sample pain treatment agreement (IPMR)

ECHO Idaho: Opioid Addiction and Treatment

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# Ongoing Resource List

**RESOURCES FROM TODAY'S SESSION AND PAST SESSIONS CAN BE FOUND IN OUR ONGOING RESOURCE LIST.**

<https://iecho.unm.edu/sites/uidaho/download.hns?i=51>