Provider Resources

Screening Tools

- **Opioid Risk Tool** – Questionnaire to assess risk of opioid addiction
- **SBIRT Toolkit** – A step-by-step guide for screening and intervening for unhealthy alcohol and other drug use
- **CRAFFT Screening Tool** – A short assessment tool designed to screen for substance-related issues and problems in adolescents
- **NarxCheck Scores Explanation** – Analyzes controlled substance data from PDMPs
- **Collaborative Assessment and Management of Suicidality** – Suicide risk assessment and prevention training framework
- **Columbia-Suicide Severity Rating Scale (C-SSRS)** – Supports suicide risk assessment through plain-language questions

Groups, Workshops, and Conferences

- **Behavioral Health Groups** – Boise VAMC’s guide to behavioral health groups and workshops
- **Mountain West Child Life Association** – Provides educational and networking opportunities for Child Life professionals and programs
- **Harm Reduction Coalition** – Working group of needle exchange providers and advocates
- **Northern Idaho Conference on Alcohol and Drug Dependency** – October 11 and 12, 2019 in Coeur d’Alene, ID

Videos and Webinars

- **Rural Health Clinic Technical Assistance Series** – Timely and useful information on operation and policy issues specific to Rural Health Clinics
- **Addiction Neuroscience 101** – Overview of the neurobiology of addiction
- **Naloxone Use** - How and when to administer naloxone
- **Unpacking the 3 Minute Breathing Space** – A breakdown of the 3 Minute Breathing Space
- **Chronic State Documentary** - A video on how marijuana normalization impacts communities
- **Caring for Pregnant and Breastfeeding Women with Opioid Use Disorder** – Webinar on June 11, 2019 at 10 am MT
Guidelines and Information

- **CDC Factsheet and Guidelines** – Guidelines for prescribing opioids for chronic pain
- **CDC Opioid Guideline Mobile App** – Designed to help providers apply the recommendations of CDC’s Guideline for Prescribing Opioids for Chronic Pain into clinical practice
- **Drug Overdose Prevention Program** – Information through the Idaho Department of Health and Welfare for first responders, providers, and patients
- **DEA Diversion** – Prevent, detect, and investigate the diversion of controlled pharmaceuticals from legitimate sources
- **Stop Drug Abuse Informational Website** – Educate families and the community about prescription drugs and potential consequences of misusing them
- **Board of Medicine Complaint Form** – File a complaint with the Board of Medicine
- **Board of Pharmacy Complaint Form** – File a complaint with the Board of Pharmacy
- **Qualis Health Medicare** – Compilation of resources for appropriate opioid prescribing
- **Idaho Syringe and Needle Exchange Legislation** – Legislative language of the Syringe and Needle Exchange Act
- **Idaho Good Samaritan Legislation** – Legislative language of Good Samaritans
- **Ethyl Glucuronide Test** – Using ethyl glucuronide in urine to detect light and heavy drinking
- **Buprenorphine Practitioner Verification for Pharmacists** – SAMSHA’s website to verify a practitioner’s DATA waiver using the last name and DEA registration number
- **Controlled Substance Public Disposal Locations** – The DEA website for public disposal locations
- **FDA Approved Drug Products** – Check to see if a drug is approved by the FDA

Articles and Other Resources

- **Opioid Metabolism and Effects on Cytochrome P450** – This review focuses on the effect of the CYP450 enzyme system metabolism on opioid agents
- **Opiate Metabolism Flow Chart** – Details the metabolism of opioids to aid in the interpretation of toxicology testing results
- **Opioid Metabolism** – This review describes the basics of opioid metabolism as well as influencing factors
• **Use of Low-Dose Naltrexone for Chronic Pain** – A review on low-dose naltrexone as an anti-inflammatory agent

• **Buprenorphine Myths and Realities** – New England Journal of Medicine article on buprenorphine

• **Improving the Quality of Buprenorphine Treatment** – New England Journal of Medicine article on moving addiction care to the mainstream

• **Harm Reduction Suboxone Education Handout** – Harm reduction and caring for patients with substance use disorder

• **Addiction Treatment Program** – A slideshow presentation on the Addiction Treatment Program from Dr. Lofgran at North Canyon Medical Center

• **CAPT Resources to Prevent the Non-Medical Use of Prescription Drugs** – SAMHSA handout on the Center for the Application of Prevention Technologies’ resources

• **Enhancing Motivation for Change in Substance Abuse Treatment** – A Treatment Improvement Protocol (TIP) by SAMSHA on motivational interviewing

• **Center for Evidence-Based Practices** – “Technical assistance for service innovations that improve quality of life and other outcomes for people with mental illness or co-occurring mental illness and substance use disorders”

• **Shatterproof** – A national nonprofit organization dedicated to ending the devastation of addiction

• **Timer Cap** – A pill bottle with a digital timer on the cap that shows the amount of time it’s been since you’ve last taken your pills

• **The ATMAN Approach to Managing Chronic Non-Cancer Pain without Opioids and Tramadol in Older Adults** – A look at managing chronic non-cancer pain without opioids

**Books**

• **Motivational Interviewing: Helping People Change** – A book for professionals and students on the four processes of motivational interviewing

• **Dreamland: The True Tale of America’s Opiate Epidemic Book** – A nonfiction book that looks into opiate use in America

• **The Deepest Well: Healing the Long-Term Effects of Childhood Adversity** – A book that looks at the negative impact of childhood trauma on the body

• **The Fifteen Minute Hour: Therapeutic Talk in Primary Care** – Family doctors can solve and prevent many psychological and behavioral problems by incorporating therapeutic talk into daily practice

**Funding and Opportunities**
• **MAT Grant for PAs 2019** – Eight, $1,200 stipends are available through the ISU PA program to incentivize community providers to obtain their MAT waiver

• **HRSA/BHW Loan Repayment for Providers in Rural Communities** – Up to $100,000 in Loan Repayment for Rural Substance Use Disorder Clinicians; accepting applications through 7/18/19

• **Naloxone Mini-Grant Program** – The Office of Drug Policy is offering this mini-grant program to help first responders and eligible agencies purchase and distribute naloxone kits.

**Questions from ECHO**

• **Prescribing Opioids to Commercial Vehicle Drivers** – A Board of Medicine perspective on “What are the legal implications for a provider knowingly prescribing hydrocodone for an individual who drives a commercial vehicle?”

• **A Physician Seeking Opioid Use Disorder Help** – A Board of Medicine perspective on “If the patient seeking care for their opioid use disorder is another physician, are there reporting requirements to the Idaho BOM?”

• **PAs and Supervising Physicians Obtaining MAT Waivers** – A Board of Medicine perspective on “If a PA has gotten their MAT waiver, does their supervising physician also need a MAT waiver in order to supervise them?”

**Patient Resources**

**Find a Provider**

• **Idaho Licensed Substance Use Providers** – Find a substance use disorder or behavioral health treatment program

• **Idaho Recovery Centers** – Find peer-based recovery support services

• **Opioid Dependence** – Find a healthcare provider who is waivered to treat opioid dependence with Suboxone

• **Buprenorphine Practitioner Locator** – Find practitioners authorized to treat opioid dependency with buprenorphine

• **Health Centers** – Find a health center near you

• **Get Help** – Find treatment and support through the Health and Welfare website

**Medication Information**
• **GoodRx** – Compare medication prices and discounts from over 60,000 US pharmacies
• **Suboxone Savings Card** – Eligible patients using insurance may pay as little as $5 each month for Suboxone film
• **Patient Medication Assistance Programs from Allergan** – Provides certain products to patients unable to afford the cost of their medication
• **Medication Risk in Pregnancy** – Resources for learning more about medication use during pregnancy
• **Naloxone Information** – Learn about naloxone, an opioid overdose reversal medication
• **Controlled Substance Public Disposal Locations** – The DEA website for public disposal locations
• **Disposal of Unused Medicines** – The FDA website about safely disposing medicines
• **FDA Approved Drug Products** – Check to see if a drug is approved by the FDA
• **Medicines Recommended for Disposal by Flushing** – A list of FDA-approved medications that can be disposed of through flushing
• **Timer Cap** – A pill bottle with a digital timer on the cap that shows the amount of time it’s been since you’ve last taken your pills

**Self-Management Resources**

• **Mindfulness-Based Stress Reduction** – A free online mindfulness-based stress reduction course
• **Leisure Resource Manual** – Find a variety of leisure options all over the state of Idaho
• **Self-Management Resource Center** – Interactive programs focusing on building skills, sharing experiences, and providing support