



COVID-19 Clinical Provider Resources

Idaho-Specific Resources

- [Idaho Department of Health and Welfare Public Health District Information](#) – A list of contact information for all of Idaho’s public health districts.
- [Order PPE through the Idaho Office of Emergency Management](#): Online PPE ordering
- [Idaho Medical Association](#) – Coronavirus resources for physicians
- [COVID-19 in Idaho](#) – Idaho official resource for the novel Coronavirus
- [Idaho Board of Pharmacy FAQ for COVID-19 Declaration of Emergency](#) – An ongoing FAQ list collated by the Idaho Board of Pharmacy
- [Idaho State Board of Medicine Proclamation](#) – A proclamation stating that the Idaho Board of Medicine will issue temporary licenses to retired and inactive physicians, physician assistants, and respiratory therapists who have actively practiced within the last 5 years and have held a license to practice in good standing from Idaho or another state at the time of retirement
- [Guidance for Residential Assisted Living Facilities](#) – Guidance from the Idaho Department of Health and Welfare
- [Letter to Long-Term Care Facilities Regarding Clusters of Respiratory Illness](#) – Guidance from the Idaho Department of Health and Welfare on reducing risk of respiratory illness clusters
- [Idaho State Board of Pharmacy Temporary Rule 704](#) – Medication limits to address the issue of stockpiling chloroquine or hydroxychloroquine
- [Idaho Physician Orders for Scope of Treatment \(POST\)](#) – This form is designed for persons with advanced chronic, progressive and/or end-stage illness
 - [Idaho’s Repository of POST Forms](#)
- [Guidelines for Opening Up Idaho](#) – Criteria that must be met before Idaho advances to the next stage of reopening
- [COVID-19 Medicaid Updates](#) – Idaho Medicaid issues Information Releases (IR) to providers to update them on policy, billing, and/or processing changes. They are listed numerically with the newest at the top
 - If you have Medicaid questions, reach out to Medicaid Director, Magni Hamso, at magni.hamso@dhw.idaho.gov
- [Twin Falls Manor](#) – Specialized assisted living care for those impacted by COVID-19
- [North Idaho Palliative Care Coalition](#) – Advance directives information from the Northwest Hospital Alliance
- [St. Luke’s McCall Car Clinic Protocols](#) – Information from Dr. Patrick Kinney on St. Luke’s McCall car clinic protocols
- [Frontline Worker Services](#) – Coronavirus counseling assistance for frontline workers
 - [Shareable flyer \(English\)](#)
 - [Shareable flyer \(Spanish\)](#)
- [COVID-19 Test \(At-Home Kit\)](#) – A nasal swab test kit from Pixel by LabCorp



- [LabCorp at Home](#) – A digital service aimed at helping doctors protect patients by testing them for COVID-19 before surgeries and other important treatments.
- [COVID Help Now](#) – Crisis counseling
 - [Flyer](#)
- [COVID-19 Behavioral Health Information](#) - Throughout the COVID-19 public health emergency, the Division of Behavioral Health (DBH) will provide additional guidance and resources for behavioral health providers, patients, and families.
- [Get Immunized, Idaho](#) – A team of parents, community members, and experts who are committed to sharing the facts on immunization
- [Idaho's Immunization Reminder Information system \(IRIS\)](#) – A secure, statewide immunization information system which will track, forecast, and help remind patients when immunizations are needed

Family Medicine Residency of Idaho (FMRI)

- [COVID Protocol](#)
- [Family Medicine Residency of Idaho COVID Attestation Form](#)
- [Common Employee Questions Regarding Exposure](#)
- [Employee Testing Procedure](#)
- [Employees with Acute Respiratory Symptoms FAQ](#)
- [Management of Healthcare Personnel with Potential Exposure to COVID-19](#)
- [Workflow for Front of Clinic Triage](#)

Volunteer Opportunities

- [SURGE Volunteer Sheet](#) – A volunteer sheet for health professionals interested in volunteering with St. Alphonsus
- [St. Luke's COVID-19 Response Intake](#) – A volunteer form for St. Luke's
- [Find My Medical Reserve Corps](#) – Idaho is divided into 7 Medical Reserve Corps Units (MRC). Use this website to find the appropriate Medical Reserve Corps volunteer registry for your area
 - [Contact information](#) for the MRC coordinator in your district.

Clinical Trials and Vaccine Information

- [ClinicalTrials.gov](#) - COVID-19 registered trials can be found here
 - The trial mentioned in the [NIH article on hydroxychloroquine](#) is identifier [NCT04332991](#)
- [Post-exposure Prophylaxis or Preemptive Treatment for Coronavirus](#) - The University of Minnesota is conducting a research study to determine if taking a medication called hydroxychloroquine can help in preventing or treating COVID-19 disease
- [Ongoing Remdesivir Studies](#)
 - Gilead study in patients with moderate disease: [NCT04292730](#)
 - Gilead study in patients with severe disease: [NCT04292899](#)
 - NIAID study: [NCT04280705](#)



- INSERM study: [2020-000936-23](#)
- China study in patients with mild/moderate disease: [NCT04252664](#)
- China study in patients with severe disease: [NCT04257656](#)
- [Famotidine study](#)
- [Draft Landscape of COVID-19 Candidate Vaccines](#) – This has been prepared by the World Health Organization for information purposes only concerning COVID-19
- [Bio.org](#) – Biotechnology and biopharmaceutical companies are responding to COVID-19 with vaccines and anti-viral medications
- [Tocilizumab and Mechanically Ventilated Patients](#) – A summary of a study looking at tocilizumab for treatment of mechanically ventilated patients with COVID-19
- [Safety and Efficacy of Tocilizumab Use](#) – A summary of a safety looking at the safety and efficacy of anti-IL6-receptor tocilizumab use in severe and critical patients affected by coronavirus
- [Best Practices for Vaccination Clinics Held at Satellite, Temporary, or Off-Site Locations](#) – Helps to follow CDC guidelines for vaccine shipment, transport, storage, handling, preparation, administration, and documentation
- [Get Immunized, Idaho](#) – A team of parents, community members, and experts who are committed to sharing the facts on immunization
- [Idaho's Immunization Reminder Information system \(IRIS\)](#) – A secure, statewide immunization information system which will track, forecast, and help remind patients when immunizations are needed

Calculators and Evaluators

- [Evaluating and Testing Persons for COVID-19](#) – CDC criteria to guide evaluation and laboratory testing for COVID-19
- [PSI/PORT Score](#) – Pneumonia Severity Index for community-acquired pneumonia

Websites

- [American Medical Association](#) – AMA resource center for physicians
- [Centers for Disease Control](#) – Information for health care providers and the community
 - Specific to PPE (respirators and masks): <https://www.cdc.gov/niosh/docs/96-101/default.html>
- [World Health Organization](#) – Coronavirus disease outbreak information
- [Virginia Commonwealth University](#) – General COVID-19 updates from VCU Health
- [Johns Hopkins University](#) – Up-to-date statistics from JHU
- [Center for Infectious Disease Research and Policy](#) – Information for public health experts, business preparedness leaders, government officials, and the public
- [American Society of Health-System Pharmacists](#) – COVID-19 resources for pharmacists
- [Assessment of Evidence for COVID-19 Related Treatments](#) - ASHP provides this evidence table to help practitioners better understand current approaches related to treatment and care
- [American College of Occupational and Environmental Medicine](#) – COVID-19 resource center



Articles

- [SARS-CoV02: What Do We Know So Far?](#) – An article by Dr. Pratik Hemant Khedkar and Professor Andreas Patzak
- [COVID-19 in a Paucisymptomatic Patient](#) – An article on the epidemiological and clinical challenge in settings with limited community transmission (Italy, February 2020)
- [LitCOVID](#) – A curated literature hub for tracking up-to-date scientific information about the novel Coronavirus
- [Clinical Management of Severe Acute Respiratory Infection \(SARI\) when COVID-19 Disease is Suspected](#) – Interim guidance from the World Health Organization
- [Factors Associated with Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019](#) – An article discussing health care workers' potential psychological stress if they have been exposed to COVID-19
- [International Pulmonologist's Consensus on COVID-19](#) – An article discussing mode of transmission, epidemiology, clinical features, diagnostic modalities, treatment, prevention, and frequently asked questions

Recommendations, Checklists, Toolkits, and Handbooks

- [COVID-19 Preparedness Checklist for Nursing Homes](#) - This checklist from the CDC should be used as one tool in developing a comprehensive COVID-19 response plan
- [Communications Triage Kit](#) – A coronavirus communications triage kit from The Communications Network
- [Handbook of COVID-19 Prevention and Treatment](#) – from the First Affiliated Hospital, Zhejiang University School of Medicine
- [ICU Preparedness Checklist](#) – from the Society of Critical Care Medicine
- [Household Checklist](#) – A family planning checklist from the CDC
- [Being Prepared in the Time of COVID](#) - Three important things each of us can do, right now, to be prepared
- [Discontinuation of Home Isolation](#) – Recommendations from the CDC
- [Discontinuation of Hospital Precautions](#) – Recommendations from the CDC
- [Symptom Checker](#) – A COVID-19 symptom checker from the Mayo Clinic
- [Running Essential Errands](#) – Recommendations from the CDC
- [Shopping for Food during the COVID-19 Pandemic](#) – Information for consumers from the FDA
- [Management of Severe COVID-19](#) – Information from Dr. Justin Glass, MD, Program Director with Family Medicine Residency of Idaho – Boise
- [Venous Thromboembolism](#) – Scientific and Standardization Committee Communication: Clinical Guidance on the Diagnosis, Prevention and Treatment of Venous Thromboembolism in Hospitalized Patients with COVID-19
- [Infection Prevention and Control Recommendations](#) – Interim recommendations from the CDC for healthcare personnel during the COVID-19 pandemic



- [CDC Guidelines for Universal PPE](#) – CDC guidelines have recently been updated for universal PPE for all healthcare workers in patient facing roles in areas with moderate to substantial community transmission
- [Child Behavior Checklist \(CBCL\)](#) – Used to detect behavioral and emotional problems in children and adolescents
- [The Screen for Child Anxiety Related Disorders \(SCARED\)](#) – Screen for signs of anxiety disorders in children
- [The Children’s Manifest Anxiety Scale \(CMAS\)](#) – Evaluate the nature and degree of anxiety in children and adolescents
- [Children’s Global Assessment Scale \(CGAS\)](#) – Provides a global measure of level of functioning in children and adolescents
- [Rating Scales](#) – Scales and questionnaires reviewed at the Primary Pediatric Psychopharmacology Mini-Fellowship at The REACH Institute
- [School Refusal Assessment Scale-Revised \(Parent and Child Versions\)](#) – Asses the function of school refusal behavior
- [School Decision-Making Tool for Parents, Caregivers, and Guardians](#) – Weigh the risks and benefits of available educational options to help make decisions about sending children back to school
- [Back to School Planning: Checklists to Guide Parents, Guardians, and Caregivers](#) – Help plan and prepare for the upcoming school year

Palliative and End-of-Life Care

- [Prepare for Your Care](#) – A step-by-step program with video stories to help you have a voice in your medical care
- [The Conversation Project](#) – Dedicated to helping people talk about their wishes for end-of-life-care
- [Center to Advance Palliative Care Response Resources](#) – CAPC provides free resources on resilience, communication scripts, palliative care team tools, and more
- [Proactive COVID-Specific Advance Care Planning Discussions](#) – A guide for leading an advance care planning discussion for a patient who is at high risk of a poor outcome in the setting of COVID
- [Vital Talk](#) – A playbook providing practical advice on how to talk about some difficult topics related to COVID-19
- [Person-Centered Guidelines for Preserving Family Presence in Challenging Times](#) – These guidelines for preserving family presence were co-developed by an international, multi-stakeholder “pop-up” coalition including patient, resident, family and elder advocates, experts in quality, safety and infection control, clinicians, policymakers, and healthcare executives from a variety of care settings.

Videos

- [Patient Intubation](#) – An instructional patient intubation video by Dr. Benjamin Cornett



- [Prone Breathing Exercises](#) – Dr. Sarfaraz Munshi demonstrates breathing techniques to help coronavirus patients with respiratory symptoms
- [The Last Will and Testament of the Orphelines](#) – A poem by Heather Altfeld as read by Dr. Meg Dunay

CME Opportunities

- [Novel Coronavirus Education Resources](#) – A list of accredited continuing education activities and additional resources that can help providers respond to COVID-19
- [Mayo Clinic Talks COVID-19](#) – A mini-series podcast put on my Mayo Clinic
- [University of Washington Tele-Antimicrobial Stewardship Program](#) – Resources and CME opportunities through the University of Washington
- [MD+ Calc](#) – Free CMEs as a thank you for being on the front lines
- [National Nursing Home Safety Conversations](#) - Join this interactive mini-series to learn nursing home best practices during the COVID-19 pandemic

Masks

- [Strategies to Optimize the Supply of PPE and Equipment](#) - CDC's optimization strategies for PPE offer options for use when PPE supplies are stressed, running low, or absent
- [Masks Reduce Exposure to Respiratory Infections Among the General Population](#) – An article that finds any type of general mask use is likely to decrease viral exposure and infection risk on a population level, in spite of imperfect fit and imperfect adherence, personal respirators providing most protection
- [Testing the Efficacy of Homemade Masks](#) – An article that finds that a homemade mask should only be considered as a last resort to prevent droplet transmission from infected individuals, but it would be better than no protection
- [Q&A: Masks and COVID-19](#) – FAQ from the World Health Organization
- [Evaluation of the Filtration Performance of Cloth Masks and Common Fabric Materials](#) – A study published in June 2010 in The Annals of Occupational Hygiene
- [Effectiveness of Cloth Masks for Protection Against Severe Acute Respiratory Syndrome Coronavirus 2](#) – A study shared in the Emerging Infectious Diseases Journal

Provider Self-Care

- [Self-Care for Helpers](#) – A Behavioral Health ECHO session on self-care for helpers presented by Jeremy Stockett, LCSW, on March 20, 2019
- [Coping for Health Care Workers during COVID-19](#) – A slide deck from Jennifer Dougall, PhD, with Northeast Ohio Medical University
- [Resources to Support the Health and Well-Being of Clinicians during the COVID-19 Outbreak](#) – Resources from the National Academy of Medicine
- [Emergency Responders: Tips for Taking Care of Yourself](#) – Information from the CDC

- [Understanding Compassion Fatigue](#) – This fact sheet explains the causes and signs of compassion fatigue, offers self-care tips for coping, and discusses compassion satisfaction
- [Preventing and Managing Stress](#) – This fact sheet provides tips to help disaster response workers prevent and manage stress while on assignment
- [Humor and Resilience](#) – Information on using humor to build resilience from Dr. Abhilash Desai
- [FACE COVID](#) - A set of practical steps for responding effectively to the Corona crisis, using the principles of acceptance and commitment therapy (ACT)
- [National Academy of Medicine](#) – Strategies to support the health and well-being of clinicians during the COVID-19 outbreak
- [Coronavirus Anxiety Workbook](#) – A tool to help build resilience during difficult times
- COVID-19 Tips [Part 1 \(for patients\)](#) and [Part 2 \(for providers\)](#) – Tips for coping with the COVID-19 pandemic by Amy Walters, PhD at St. Luke's Humphrey's Diabetes Center
- [Kindness Poem](#) – A poem by Naomi Shihab Nye
- [Frontline Worker Services](#) – Coronavirus counseling assistance for frontline workers
- [Physician Support Line](#) – Free and confidential; no appointment necessary
- [COVID Help Now](#) – Crisis counseling

Apps for Self-Care

- [Headspace](#) – Headspace, a guided meditation app, is offering all US healthcare professionals who work in public health settings free access to Headspace Plus through 2020
- [Moodgym](#) – Similar to an interactive self-help book which helps to learn and practice skills to prevent and manage symptoms of depression and anxiety
- [Insight Timer](#) – A large, free library of guided meditations
- [Sanvello \(formerly Pacifica\)](#) – On-demand help for stress, anxiety, and depression
- [Calm](#) – An app for sleep, meditation, and relaxation
- [Buddhify](#) – A meditation and mindfulness app designed to fit busy lifestyles
- [Stop, Breathe, & Think](#) – A friendly app to guide people through meditations for mindfulness and compassion

Perinatal Considerations

- [pregnancycovid19.com](#)- Information hub containing handbooks, toolkits, and additional resources for medical professionals to understand and address concerns about COVID-19 among pregnant women
- [American College of Obstetricians and Gynecologists COVID-19 Information](#)- Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19
- [Society for Maternal Fetal Medicine COVID-19 Guidance](#) – Up-to-date guides and webinars containing information about caring for pregnant women for maternal-fetal medicine practitioners
- [CDC on Breastfeeding](#) - If a patient is breastfeeding and has symptoms of or confirmed COVID-19, here are steps they can take to avoid spreading the virus to their baby



- [PRIORITY](#) - Pregnancy CoRonavirus Outcomes RegIsTrY (PRIORITY) is a nationwide study of pregnant or recently pregnant women who are either under investigation for Coronavirus infection (COVID-19) or have been confirmed to have COVID-19

Pediatric Considerations

- [Talking to Children](#) – Guidance for parents in talking to children about coronavirus
- [Child-Centered Play Therapy](#) – Information on child-centered play therapy and telehealth
- [Coronavirus Coloring Book](#) – A coloring book from St. Jude’s to help children understand COVID
- [My Hero is You \(Spanish version\)](#) – A storybook to teach children how they can fight COVID
- [Why Do I Have to Stay Home?](#) – A social narrative for children
- [The Story of the Oyster and The Butterfly](#) – A book to explain COVID to children
- [Resources for ASD and Intellectual Disability](#) – A collection for resources for children with ASD and/or intellectual disabilities
- [Resources for Pediatric Considerations](#) – A list of pediatric resources
- [Parent Emotion Suppression Influences Physiological Linkage and Interaction Behavior](#) – An article talking about how parents can influence children’s emotional responses
- [Parenting](#) – Articles and newsletters about parenting by the New York Times
- [Child Behavior Checklist \(CBCL\)](#) – Used to detect behavioral and emotional problems in children and adolescents
- [The Screen for Child Anxiety Related Disorders \(SCARED\)](#) – Screen for signs of anxiety disorders in children
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- [Back to School Planning: Checklists to Guide Parents, Guardians, and Caregivers](#) – Help plan and prepare for the upcoming school year
- [Supporting Your Child’s Mental Health as They Return to School During COVID-19](#) – How parents can help their children navigate their feelings during school reopening

Health Disparities and Racism

- [Resource List](#)