COVID-19 Clinical Provider Resources

Idaho-Specific Resources

- [Idaho Department of Health and Welfare Public Health District Information](#) – A list of contact information for all of Idaho’s public health districts.
- [Order PPE through the Idaho Office of Emergency Management](#); Online PPE ordering
- [Idaho Medical Association](#) – Coronavirus resources for physicians
- [COVID-19 in Idaho](#) – Idaho official resource for the novel Coronavirus
- [Idaho Board of Pharmacy FAQ for COVID-19 Declaration of Emergency](#) – An ongoing FAQ list collated by the Idaho Board of Pharmacy
- [Idaho State Board of Medicine Proclamation](#) – A proclamation stating that the Idaho Board of Medicine will issue temporary licenses to retired and inactive physicians, physician assistants, and respiratory therapists who have actively practiced within the last 5 years and have held a license to practice in good standing from Idaho or another state at the time of retirement or inactivity
- [Letter to Long-Term Care Facilities Regarding Clusters of Respiratory Illness](#) – Guidance from the Idaho Department of Health and Welfare on reducing risk of respiratory illness clusters and outbreaks
- [Idaho State Board of Pharmacy Temporary Rule 704](#) – Medication limits to address the issue of stockpiling chloroquine or hydroxychloroquine
- [Idaho Physician Orders for Scope of Treatment (POST)](#); This form is designed for persons with advanced chronic, progressive and/or end-stage illness
  - [Idaho’s Repository of POST Forms](#)
- [Guidelines for Opening Up Idaho](#) – Criteria that must be met before Idaho advances to the next stage of reopening
- [COVID-19 Medicaid Updates](#) – Idaho Medicaid issues Information Releases (IR) to providers to update them on policy, billing, and/or processing changes. They are listed numerically with the newest at the top
  - If you have Medicaid questions, reach out to Medicaid Director, Magni Hamso, at magni.hamso@dhw.idaho.gov
- [Twin Falls Manor](#) – Specialized assisted living care for those impacted by COVID-19
- [North Idaho Palliative Care Coalition](#) – Advance directives information from the Northwest Hospital Alliance
- [St. Luke’s McCall Car Clinic Protocols](#) – Information from Dr. Patrick Kinney on St. Luke’s McCall car clinic protocols
Volunteer Opportunities

- **SURGE Volunteer Sheet** – A volunteer sheet for health professionals interested in volunteering with St. Alphonsus
- **Find My Medical Reserve Corps** – Idaho is divided into 7 Medical Reserve Corps Units (MRC). Use this website to find the appropriate Medical Reserve Corps volunteer registry for your area
  - Contact information for the MRC coordinator in your district.

Clinical Trials

- **ClinicalTrials.gov** - COVID-19 registered trials can be found here
  - The trial mentioned in the NIH article on hydroxychloroquine is identifier NCT04332991
- **Post-exposure Prophylaxis or Preemptive Treatment for Coronavirus** - The University of Minnesota is conducting a research study to determine if taking a medication called hydroxychloroquine can help in preventing or treating COVID-19 disease
- **Ongoing Remdesivir Studies**
  - Gilead study in patients with moderate disease: NCT04292730
  - Gilead study in patients with severe disease: NCT04292899
  - NIAID study: NCT04280705
  - INSERM study: 2020-000936-23
  - China study in patients with mild/moderate disease: NCT04252664
  - China study in patients with severe disease: NCT04257656
- **Famotidine study**

Calculators and Evaluators

- **Evaluating and Testing Persons for COVID-19** – CDC criteria to guide evaluation and laboratory testing for COVID-19
- **PSI/PORT Score** – Pneumonia Severity Index for community-acquired pneumonia

Websites

- **American Medical Association** – AMA resource center for physicians
- **Centers for Disease Control** – Information for health care providers and the community
  - Specific to PPE (respirators and masks): https://www.cdc.gov/niosh/docs/96-101/default.html
- **World Health Organization** – Coronavirus disease outbreak information
- **Virginia Commonwealth University** – General COVID-19 updates from VCU Health
- **Johns Hopkins University** – Up-to-date statistics from JHU
- **Center for Infectious Disease Research and Policy** – Information for public health experts, business preparedness leaders, government officials, and the public
- **American Society of Health-System Pharmacists** – COVID-19 resources for pharmacists
• **Assessment of Evidence for COVID-19 Related Treatments** - ASHP provides this evidence table to help practitioners better understand current approaches related to treatment and care

• **American College of Occupational and Environmental Medicine** – COVID-19 resource center

### Articles

• **SARS-CoV02: What Do We Know So Far?** – An article by Dr. Pratik Hemant Khedkar and Professor Andreas Patzak

• **COVID-19 in a Paucisymptomatic Patient** – An article on the epidemiological and clinical challenge in settings with limited community transmission (Italy, February 2020)

• **LitCOVID** – A curated literature hub for tracking up-to-date scientific information about the novel Coronavirus

• **Clinical Management of Severe Acute Respiratory Infection (SARI) when COVID-19 Disease is Suspected** – Interim guidance from the World Health Organization

• **Factors Associated with Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019** – An article discussing health care workers’ potential psychological stress if they have been exposed to COVID-19

• **International Pulmonologist’s Consensus on COVID-19** – An article discussing mode of transmission, epidemiology, clinical features, diagnostic modalities, treatment, prevention, and frequently asked questions

### Recommendations, Checklists, Toolkits, and Handbooks

• **COVID-19 Preparedness Checklist for Nursing Homes** - This checklist from the CDC should be used as one tool in developing a comprehensive COVID-19 response plan

• **Communications Triage Kit** – A coronavirus communications triage kit from The Communications Network

• **Handbook of COVID-19 Prevention and Treatment** – from the First Affiliated Hospital, Zhejiang University School of Medicine

• **ICU Preparedness Checklist** – from the Society of Critical Care Medicine

• **Household Checklist** – A family planning checklist from the CDC

• **Being Prepared in the Time of COVID** - Three important things each of us can do, right now, to be prepared

• **Center to Advance Palliative Care Response Resources** – CAPC provides free resources on resilience, communication scripts, palliative care team tools, and more

• **Proactive COVID-Specific Advance Care Planning Discussions** – A guide for leading an advance care planning discussion for a patient who is at high risk of a poor outcome in the setting of COVID

• **Discontinuation of Home Isolation** – Recommendations from the CDC

• **Discontinuation of Hospital Precautions** – Recommendations from the CDC

• **Symptom Checker** – A COVID-19 symptom checker from the Mayo Clinic

• **Running Essential Errands** – Recommendations from the CDC
• **Shopping for Food during the COVID-19 Pandemic** – Information for consumers from the FDA

**Videos**

• **Patient Intubation** – An instructional patient intubation video by Dr. Benjamin Cornett

**CME Opportunities**

• **Novel Coronavirus Education Resources** – A list of accredited continuing education activities and additional resources that can help providers respond to COVID-19  
• **Mayo Clinic Talks COVID-19** – A mini-series podcast put on my Mayo Clinic  
• **University of Washington Tele-Antimicrobial Stewardship Program** – Resources and CME opportunities through the University of Washington  
• **MD+ Calc** – Free CMEs as a thank you for being on the front lines

**Masks**

• **Strategies to Optimize the Supply of PPE and Equipment** - CDC’s optimization strategies for PPE offer options for use when PPE supplies are stressed, running low, or absent  
• **Masks Reduce Exposure to Respiratory Infections Among the General Population** – An article that finds any type of general mask use is likely to decrease viral exposure and infection risk on a population level, in spite of imperfect fit and imperfect adherence, personal respirators providing most protection  
• **Testing the Efficacy of Homemade Masks** – An article that finds that a homemade mask should only be considered as a last resort to prevent droplet transmission from infected individuals, but it would be better than no protection

**Provider Self-Care**

• **Self-Care for Helpers** – A Behavioral Health ECHO session on self-care for helpers presented by Jeremy Stockett, LCSW, on March 20, 2019  
• **Coping for Health Care Workers during COVID-19** – A slide deck from Jennifer Dougall, PhD, with Northeast Ohio Medical University  
• **Resources to Support the Health and Well-Being of Clinicians during the COVID-19 Outbreak** – Resources from the National Academy of Medicine  
• **Emergency Responders: Tips for Taking Care of Yourself** – Information from the CDC  
• **Understanding Compassion Fatigue** – This fact sheet explains the causes and signs of compassion fatigue, offers self-care tips for coping, and discusses compassion satisfaction  
• **Preventing and Managing Stress** – This fact sheet provides tips to help disaster response workers prevent and manage stress while on assignment  
• **Humor and Resilience** – Information on using humor to build resilience from Dr. Abhilash Desai
• **FACE COVID** - A set of practical steps for responding effectively to the Corona crisis, using the principles of acceptance and commitment therapy (ACT)
• **National Academy of Medicine** – Strategies to support the health and well-being of clinicians during the COVID-19 outbreak
• **Coronavirus Anxiety Workbook** – A tool to help build resilience during difficult times
• **Kindness Poem** – A poem by Naomi Shihab Nye

### Apps for Self-Care

• **Headspace** – Headspace, a guided meditation app, is offering all US healthcare professionals who work in public health settings free access to Headspace Plus through 2020
• **Moodgym** – Similar to an interactive self-help book which helps to learn and practice skills to prevent and manage symptoms of depression and anxiety
• **Insight Timer** – A large, free library of guided meditations
• **Sanvello (formerly Pacifica)** – On-demand help for stress, anxiety, and depression
• **Calm** – An app for sleep, meditation, and relaxation
• **Buddhify** – A meditation and mindfulness app designed to fit busy lifestyles
• **Stop, Breathe, & Think** – A friendly app to guide people through meditations for mindfulness and compassion

### Perinatal Considerations

• [pregnancycovid19.com](https://example.com)- Information hub containing handbooks, toolkits, and additional resources for medical professionals to understand and address concerns about COVID-19 among pregnant women
• **American College of Obstetricians and Gynecologists COVID-19 Information** - Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19
• **Society for Maternal Fetal Medicine COVID-19 Guidance** – Up-to-date guides and webinars containing information about caring for pregnant women for maternal-fetal medicine practitioners
• **CDC on Breastfeeding** - If a patient is breastfeeding and has symptoms of or confirmed COVID-19, here are steps they can take to avoid spreading the virus to their baby
• **PRIORITY** - Pregnancy CoRonavIrus Outcomes RegIsTrY (PRIORITY) is a nationwide study of pregnant or recently pregnant women who are either under investigation for Coronavirus infection (COVID-19) or have been confirmed to have COVID-19

### Pediatric Considerations

• **Talking to Children** – Guidance for parents in talking to children about coronavirus
• **Child-Centered Play Therapy** – Information on child-centered play therapy and telehealth
• **Coronavirus Coloring Book** – A coloring book from St. Jude’s to help children understand COVID
• **My Hero is You (Spanish version)** – A storybook to teach children how they can fight COVID
• **Why Do I Have to Stay Home?** – A social narrative for children
• **The Story of the Oyster and The Butterfly** – A book to explain COVID to children
• **Resources for ASD and Intellectual Disability** – A collection for resources for children with ASD and/or intellectual disabilities
• **Resources for Pediatric Considerations** – A list of pediatric resources
• **Parent Emotion Suppression Influences Physiological Linkage and Interaction Behavior** – An article talking about how parents can influence children’s emotional responses
• **Parenting** – Articles and newsletters about parenting by the New York Times