COVID-19 Clinical Provider Resources

Idaho-Specific Resources

- **Idaho Department of Health and Welfare Public Health District Information** – A list of contact information for all of Idaho’s public health districts.
- **Order PPE through the Idaho Office of Emergency Management**; Online PPE ordering
- **Idaho Medical Association** – Coronavirus resources for physicians
- **COVID-19 in Idaho** – Idaho official resource for the novel Coronavirus
- **Idaho Board of Pharmacy FAQ for COVID-19 Declaration of Emergency** – An ongoing FAQ list collated by the Idaho Board of Pharmacy
- **Idaho State Board of Medicine Proclamation** – A proclamation stating that the Idaho Board of Medicine will issue temporary licenses to retired and inactive physicians, physician assistants, and respiratory therapists who have actively practiced within the last 5 years and have held a license to practice in good standing from Idaho or another state at the time of retirement
- **Guidance for Residential Assisted Living Facilities** – Guidance from the Idaho Department of Health and Welfare
- **Letter to Long-Term Care Facilities Regarding Clusters of Respiratory Illness** – Guidance from the Idaho Department of Health and Welfare on reducing risk of respiratory illness clusters
- **Idaho State Board of Pharmacy Temporary Rule 704** – Medication limits to address the issue of stockpiling chloroquine or hydroxychloroquine
- **Idaho Physician Orders for Scope of Treatment (POST)** – This form is designed for persons with advanced chronic, progressive and/or end-stage illness
  - **Idaho’s Repository of POST Forms**
- **Guidelines for Opening Up Idaho** – Criteria that must be met before Idaho advances to the next stage of reopening
- **COVID-19 Medicaid Updates** – Idaho Medicaid issues Information Releases (IR) to providers to update them on policy, billing, and/or processing changes. They are listed numerically with the newest at the top
  - If you have Medicaid questions, reach out to Medicaid Director, Magni Hamso, at magni.hamso@dhw.idaho.gov
- **Twin Falls Manor** – Specialized assisted living care for those impacted by COVID-19
- **North Idaho Palliative Care Coalition** – Advance directives information from the Northwest Hospital Alliance
- **St. Luke’s McCall Car Clinic Protocols** – Information from Dr. Patrick Kinney on St. Luke’s McCall car clinic protocols
- **Frontline Worker Services** – Coronavirus counseling assistance for frontline workers
Family Medicine Residency of Idaho (FMRI)

- COVID Protocol
- Family Medicine Residency of Idaho COVID Attestation Form
- Common Employee Questions Regarding Exposure
- Employee Testing Procedure
- Employees with Acute Respiratory Symptoms FAQ
- Management of Healthcare Personnel with Potential Exposure to COVID-19
- Workflow for Front of Clinic Triage

Volunteer Opportunities

- SURGE Volunteer Sheet – A volunteer sheet for health professionals interested in volunteering with St. Alphonsus
- Find My Medical Reserve Corps – Idaho is divided into 7 Medical Reserve Corps Units (MRC). Use this website to find the appropriate Medical Reserve Corps volunteer registry for your area
  - Contact information for the MRC coordinator in your district.

Clinical Trials and Vaccine Information

- ClinicalTrials.gov - COVID-19 registered trials can be found here
  - The trial mentioned in the NIH article on hydroxychloroquine is identifier NCT04332991
- Post-exposure Prophylaxis or Preemptive Treatment for Coronavirus - The University of Minnesota is conducting a research study to determine if taking a medication called hydroxychloroquine can help in preventing or treating COVID-19 disease
- Ongoing Remdesivir Studies
  - Gilead study in patients with moderate disease: NCT04292730
  - Gilead study in patients with severe disease: NCT04292899
  - NIAID study: NCT04280705
  - INSERM study: 2020-000936-23
  - China study in patients with mild/moderate disease: NCT04252664
  - China study in patients with severe disease: NCT04257656
- Famotidine study
- Draft Landscape of COVID-19 Candidate Vaccines – This has been prepared by the World Health Organization for information purposes only concerning COVID-19
- Bio.org – Biotechnology and biopharmaceutical companies are responding to COVID-19 with vaccines and anti-viral medications

Calculators and Evaluators

- Evaluating and Testing Persons for COVID-19 – CDC criteria to guide evaluation and laboratory testing for COVID-19
• **PSI/PORT Score** – Pneumonia Severity Index for community-acquired pneumonia

**Websites**

- [American Medical Association](https://www.ama-assn.org) – AMA resource center for physicians
- [Centers for Disease Control](https://www.cdc.gov) – Information for health care providers and the community
  - Specific to PPE (respirators and masks): [https://www.cdc.gov/niosh/docs/96-101/default.html](https://www.cdc.gov/niosh/docs/96-101/default.html)
- [World Health Organization](https://www.who.int) – Coronavirus disease outbreak information
- [Virginia Commonwealth University](https://www.vcuhealth.org) – General COVID-19 updates from VCU Health
- [Johns Hopkins University](https://coronavirus.jhu.edu) – Up-to-date statistics from JHU
- [Center for Infectious Disease Research and Policy](https://www.cidrap.umn.edu) – Information for public health experts, business preparedness leaders, government officials, and the public
- [American Society of Health-System Pharmacists](https://www.apha.org) – COVID-19 resources for pharmacists
- [Assessment of Evidence for COVID-19 Related Treatments](https://www.ashp.org) - ASHP provides this evidence table to help practitioners better understand current approaches related to treatment and care
- [American College of Occupational and Environmental Medicine](https://www.acoe.org) – COVID-19 resource center

**Articles**

- *[SARS-CoV02: What Do We Know So Far?](https://www.who.int) – An article by Dr. Pratik Hemant Khedkar and Professor Andreas Patzak
- *[COVID-19 in a Paucisymptomatic Patient](https://www.who.int) – An article on the epidemiological and clinical challenge in settings with limited community transmission (Italy, February 2020)
- *[LitCOVID](https://www.who.int) – A curated literature hub for tracking up-to-date scientific information about the novel Coronavirus
- *[Clinical Management of Severe Acute Respiratory Infection (SARI) when COVID-19 Disease is Suspected](https://www.who.int) – Interim guidance from the World Health Organization
- *[Factors Associated with Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019](https://www.who.int) – An article discussing health care workers’ potential psychological stress if they have been exposed to COVID-19
- *[International Pulmonologist’s Consensus on COVID-19](https://www.who.int) – An article discussing mode of transmission, epidemiology, clinical features, diagnostic modalities, treatment, prevention, and frequently asked questions

**Recommendations, Checklists, Toolkits, and Handbooks**

- [COVID-19 Preparedness Checklist for Nursing Homes](https://www.cdc.gov) - This checklist from the CDC should be used as one tool in developing a comprehensive COVID-19 response plan
- [Communications Triage Kit](https://www.who.int) – A coronavirus communications triage kit from The Communications Network
- [Handbook of COVID-19 Prevention and Treatment](https://www.who.int) – from the First Affiliated Hospital, Zhejiang University School of Medicine
ICU Preparedness Checklist – from the Society of Critical Care Medicine
Household Checklist – A family planning checklist from the CDC
Being Prepared in the Time of COVID - Three important things each of us can do, right now, to be prepared
Center to Advance Palliative Care Response Resources – CAPC provides free resources on resilience, communication scripts, palliative care team tools, and more
Proactive COVID-Specific Advance Care Planning Discussions – A guide for leading an advance care planning discussion for a patient who is at high risk of a poor outcome in the setting of COVID
Discontinuation of Home Isolation – Recommendations from the CDC
Discontinuation of Hospital Precautions – Recommendations from the CDC
Symptom Checker – A COVID-19 symptom checker from the Mayo Clinic
Running Essential Errands – Recommendations from the CDC
Shopping for Food during the COVID-19 Pandemic – Information for consumers from the FDA
Management of Severe COVID-19 – Information from Dr. Justin Glass, MD, Program Director with Family Medicine Residency of Idaho - Boise

Videos

Patient Intubation – An instructional patient intubation video by Dr. Benjamin Cornett

CME Opportunities

Novel Coronavirus Education Resources – A list of accredited continuing education activities and additional resources that can help providers respond to COVID-19
Mayo Clinic Talks COVID-19 – A mini-series podcast put on by Mayo Clinic
University of Washington Tele-Antimicrobial Stewardship Program – Resources and CME opportunities through the University of Washington
MD+ Calc – Free CMEs as a thank you for being on the front lines

Masks

Strategies to Optimize the Supply of PPE and Equipment - CDC's optimization strategies for PPE offer options for use when PPE supplies are stressed, running low, or absent
Masks Reduce Exposure to Respiratory Infections Among the General Population – An article that finds any type of general mask use is likely to decrease viral exposure and infection risk on a population level, in spite of imperfect fit and imperfect adherence, personal respirators providing most protection
Testing the Efficacy of Homemade Masks – An article that finds that a homemade mask should only be considered as a last resort to prevent droplet transmission from infected individuals, but it would be better than no protection
Provider Self-Care

- **Self-Care for Helpers** – A Behavioral Health ECHO session on self-care for helpers presented by Jeremy Stockett, LCSW, on March 20, 2019
- **Coping for Health Care Workers during COVID-19** – A slide deck from Jennifer Dougall, PhD, with Northeast Ohio Medical University
- **Resources to Support the Health and Well-Being of Clinicians during the COVID-19 Outbreak** – Resources from the National Academy of Medicine
- **Emergency Responders: Tips for Taking Care of Yourself** – Information from the CDC
- **Understanding Compassion Fatigue** – This fact sheet explains the causes and signs of compassion fatigue, offers self-care tips for coping, and discusses compassion satisfaction
- **Preventing and Managing Stress** – This fact sheet provides tips to help disaster response workers prevent and manage stress while on assignment
- **Humor and Resilience** – Information on using humor to build resilience from Dr. Abhilash Desai
- **FACE COVID** - A set of practical steps for responding effectively to the Corona crisis, using the principles of acceptance and commitment therapy (ACT)
- **National Academy of Medicine** – Strategies to support the health and well-being of clinicians during the COVID-19 outbreak
- **Coronavirus Anxiety Workbook** – A tool to help build resilience during difficult times
- **COVID-19 Tips Part 1 (for patients) and Part 2 (for providers)** – Tips for coping with the COVID-19 pandemic by Amy Walters, PhD at St. Luke’s Humphrey’s Diabetes Center
- **Kindness Poem** – A poem by Naomi Shihab Nye

Apps for Self-Care

- **Headspace** – Headspace, a guided meditation app, is offering all US healthcare professionals who work in public health settings free access to Headspace Plus through 2020
- **Moodgym** – Similar to an interactive self-help book which helps to learn and practice skills to prevent and manage symptoms of depression and anxiety
- **Insight Timer** – A large, free library of guided meditations
- **Sanvello** *(formerly Pacifica)* – On-demand help for stress, anxiety, and depression
- **Calm** – An app for sleep, meditation, and relaxation
- **Buddhify** – A meditation and mindfulness app designed to fit busy lifestyles
- **Stop, Breathe, & Think** – A friendly app to guide people through meditations for mindfulness and compassion

Perinatal Considerations

- **pregnancycovid19.com**- Information hub containing handbooks, toolkits, and additional resources for medical professionals to understand and address concerns about COVID-19 among pregnant women
• **American College of Obstetricians and Gynecologists COVID-19 Information** - Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19

• **Society for Maternal Fetal Medicine COVID-19 Guidance** – Up-to-date guides and webinars containing information about caring for pregnant women for maternal-fetal medicine practitioners

• **CDC on Breastfeeding** - If a patient is breastfeeding and has symptoms of or confirmed COVID-19, here are steps they can take to avoid spreading the virus to their baby

• **PRIORITY** - Pregnancy CoRonavirus Outcomes RegIsTrY (PRIORITY) is a nationwide study of pregnant or recently pregnant women who are either under investigation for Coronavirus infection (COVID-19) or have been confirmed to have COVID-19

### Pediatric Considerations

• **Talking to Children** – Guidance for parents in talking to children about coronavirus

• **Child-Centered Play Therapy** – Information on child-centered play therapy and telehealth

• **Coronavirus Coloring Book** – A coloring book from St. Jude’s to help children understand COVID

• **My Hero is You (Spanish version)** – A storybook to teach children how they can fight COVID

• **Why Do I Have to Stay Home?** – A social narrative for children

• **The Story of the Oyster and The Butterfly** – A book to explain COVID to children

• **Resources for ASD and Intellectual Disability** – A collection for resources for children with ASD and/or intellectual disabilities

• **Resources for Pediatric Considerations** – A list of pediatric resources

• **Parent Emotion Suppression Influences Physiological Linkage and Interaction Behavior** – An article talking about how parents can influence children’s emotional responses

• **Parenting** – Articles and newsletters about parenting by the New York Times