COVID-19 Clinical Provider Resources

Idaho-Specific Resources

- Idaho Department of Health and Welfare Public Health District Information – A list of contact information for all of Idaho’s public health districts.
- Order PPE through the Idaho Office of Emergency Management: Online PPE ordering
- Idaho Medical Association – Coronavirus resources for physicians
- COVID-19 in Idaho – Idaho official resource for the novel Coronavirus
- Idaho Board of Pharmacy FAQ for COVID-19 Declaration of Emergency – An ongoing FAQ list collated by the Idaho Board of Pharmacy
- Idaho State Board of Medicine Proclamation – A proclamation stating that the Idaho Board of Medicine will issue temporary licenses to retired and inactive physicians, physician assistants, and respiratory therapists who have actively practiced within the last 5 years and have held a license to practice in good standing from Idaho or another state at the time of retirement
- Letter to Long-Term Care Facilities Regarding Clusters of Respiratory Illness – Guidance from the Idaho Department of Health and Welfare on reducing risk of respiratory illness clusters and outbreaks
- Idaho State Board of Pharmacy Temporary Rule 704 – Medication limits to address the issue of stockpiling chloroquine or hydroxychloroquine
- Idaho Physician Orders for Scope of Treatment (POST) – This form is designed for persons with advanced chronic, progressive and/or end-stage illness
  - Idaho’s Repository of POST Forms
- Guidelines for Opening Up Idaho – Criteria that must be met before Idaho advances to the next stage of reopening
- COVID-19 Medicaid Updates – Idaho Medicaid issues Information Releases (IR) to providers to update them on policy, billing, and/or processing changes. They are listed numerically with the newest at the top
  - If you have Medicaid questions, reach out to Medicaid Director, Magni Hamso, at magni.hamso@dhw.idaho.gov
- Twin Falls Manor – Specialized assisted living care for those impacted by COVID-19
- North Idaho Palliative Care Coalition – Advance directives information from the Northwest Hospital Alliance
- Family Medicine Residency of Idaho COVID Attestation Form – An attestation form used by the Family Medicine Residency of Idaho as a checklist of conditions employees will follow regarding COVID
Volunteer Opportunities

- **SURGE Volunteer Sheet** – A volunteer sheet for health professionals interested in volunteering with St. Alphonsus
- **Find My Medical Reserve Corps** – Idaho is divided into 7 Medical Reserve Corps Units (MRC). Use this website to find the appropriate Medical Reserve Corps volunteer registry for your area
  - Contact information for the MRC coordinator in your district.

Clinical Trials and Vaccine Information

- **ClinicalTrials.gov** - COVID-19 registered trials can be found here
  - The trial mentioned in the NIH article on hydroxychloroquine is identifier [NCT04332991](https://clinicaltrials.gov/ct2/show/NCT04332991)
- **Post-exposure Prophylaxis or Preemptive Treatment for Coronavirus** - The University of Minnesota is conducting a research study to determine if taking a medication called hydroxychloroquine can help in preventing or treating COVID-19 disease
- **Ongoing Remdesivir Studies**
  - Gilead study in patients with moderate disease: [NCT04292730](https://clinicaltrials.gov/ct2/show/NCT04292730)
  - Gilead study in patients with severe disease: [NCT04292899](https://clinicaltrials.gov/ct2/show/NCT04292899)
  - NIAID study: [NCT04280705](https://clinicaltrials.gov/ct2/show/NCT04280705)
  - INSERM study: [2020-000936-23](https://clinicaltrials.gov/ct2/show/2020-000936-23)
  - China study in patients with mild/moderate disease: [NCT04252664](https://clinicaltrials.gov/ct2/show/NCT04252664)
  - China study in patients with severe disease: [NCT04257656](https://clinicaltrials.gov/ct2/show/NCT04257656)
- **Famotidine study**
- **Draft Landscape of COVID-19 Candidate Vaccines** – This has been prepared by the World Health Organization for information purposes only concerning COVID-19
- **Bio.org** – Biotechnology and biopharmaceutical companies are responding to COVID-19 with vaccines and anti-viral medications

Calculators and Evaluators

- **Evaluating and Testing Persons for COVID-19** – CDC criteria to guide evaluation and laboratory testing for COVID-19
- **PSI/PORT Score** – Pneumonia Severity Index for community-acquired pneumonia

Websites

- **American Medical Association** – AMA resource center for physicians
- **Centers for Disease Control** – Information for health care providers and the community
  - Specific to PPE (respirators and masks): [https://www.cdc.gov/niosh/docs/96-101/default.html](https://www.cdc.gov/niosh/docs/96-101/default.html)
- **World Health Organization** – Coronavirus disease outbreak information
- **Virginia Commonwealth University** – General COVID-19 updates from VCU Health
• Johns Hopkins University – Up-to-date statistics from JHU
• Center for Infectious Disease Research and Policy – Information for public health experts, business preparedness leaders, government officials, and the public
• American Society of Health-System Pharmacists – COVID-19 resources for pharmacists
• Assessment of Evidence for COVID-19 Related Treatments - ASHP provides this evidence table to help practitioners better understand current approaches related to treatment and care
• American College of Occupational and Environmental Medicine – COVID-19 resource center

**Articles**

• [SARS-CoV2: What Do We Know So Far?](#) – An article by Dr. Pratik Hemant Khedkar and Professor Andreas Patzak
• [COVID-19 in a Paucisymptomatic Patient](#) – An article on the epidemiological and clinical challenge in settings with limited community transmission (Italy, February 2020)
• [LitCOVID](#) – A curated literature hub for tracking up-to-date scientific information about the novel Coronavirus
• [Clinical Management of Severe Acute Respiratory Infection (SARI) when COVID-19 Disease is Suspected](#) – Interim guidance from the World Health Organization
• [Factors Associated with Mental Health Outcomes Among Health Care Workers Exposed to Coronavirus Disease 2019](#) – An article discussing health care workers’ potential psychological stress if they have been exposed to COVID-19
• [International Pulmonologist’s Consensus on COVID-19](#) – An article discussing mode of transmission, epidemiology, clinical features, diagnostic modalities, treatment, prevention, and frequently asked questions

**Recommendations, Checklists, Toolkits, and Handbooks**

• [COVID-19 Preparedness Checklist for Nursing Homes](#) - This checklist from the CDC should be used as one tool in developing a comprehensive COVID-19 response plan
• [Communications Triage Kit](#) – A coronavirus communications triage kit from The Communications Network
• [Handbook of COVID-19 Prevention and Treatment](#) – from the First Affiliated Hospital, Zhejiang University School of Medicine
• [ICU Preparedness Checklist](#) – from the Society of Critical Care Medicine
• [Household Checklist](#) – A family planning checklist from the CDC
• [Being Prepared in the Time of COVID](#) - Three important things each of us can do, right now, to be prepared
• [Center to Advance Palliative Care Response Resources](#) – CAPC provides free resources on resilience, communication scripts, palliative care team tools, and more
• [Proactive COVID-Specific Advance Care Planning Discussions](#) – A guide for leading an advance care planning discussion for a patient who is at high risk of a poor outcome in the setting of COVID
• **Discontinuation of Home Isolation** – Recommendations from the CDC
• **Discontinuation of Hospital Precautions** – Recommendations from the CDC
• **Symptom Checker** – A COVID-19 symptom checker from the Mayo Clinic
• **Running Essential Errands** – Recommendations from the CDC
• **Shopping for Food during the COVID-19 Pandemic** – Information for consumers from the FDA
• **Management of Severe COVID-19** – Information from Dr. Justin Glass, MD, Program Director with Family Medicine Residency of Idaho - Boise

### Videos

• **Patient Intubation** – An instructional patient intubation video by Dr. Benjamin Cornett

### CME Opportunities

• **Novel Coronavirus Education Resources** – A list of accredited continuing education activities and additional resources that can help providers respond to COVID-19
• **Mayo Clinic Talks COVID-19** – A mini-series podcast put on my Mayo Clinic
• **University of Washington Tele-Antimicrobial Stewardship Program** – Resources and CME opportunities through the University of Washington
• **MD+ Calc** – Free CMEs as a thank you for being on the front lines

### Masks

• **Strategies to Optimize the Supply of PPE and Equipment** - CDC’s optimization strategies for PPE offer options for use when PPE supplies are stressed, running low, or absent
• **Masks Reduce Exposure to Respiratory Infections Among the General Population** – An article that finds any type of general mask use is likely to decrease viral exposure and infection risk on a population level, in spite of imperfect fit and imperfect adherence, personal respirators providing most protection
• **Testing the Efficacy of Homemade Masks** – An article that finds that a homemade mask should only be considered as a last resort to prevent droplet transmission from infected individuals, but it would be better than no protection

### Provider Self-Care

• **Self-Care for Helpers** – A Behavioral Health ECHO session on self-care for helpers presented by Jeremy Stockett, LCSW, on March 20, 2019
• **Coping for Health Care Workers during COVID-19** – A slide deck from Jennifer Dougall, PhD, with Northeast Ohio Medical University
• **Resources to Support the Health and Well-Being of Clinicians during the COVID-19 Outbreak** – Resources from the National Academy of Medicine
• **Emergency Responders: Tips for Taking Care of Yourself** – Information from the CDC
• **Understanding Compassion Fatigue** – This fact sheet explains the causes and signs of compassion fatigue, offers self-care tips for coping, and discusses compassion satisfaction

• **Preventing and Managing Stress** – This fact sheet provides tips to help disaster response workers prevent and manage stress while on assignment

• **Humor and Resilience** – Information on using humor to build resilience from Dr. Abhilash Desai

• **FACE COVID** - A set of practical steps for responding effectively to the Corona crisis, using the principles of acceptance and commitment therapy (ACT)

• **National Academy of Medicine** – Strategies to support the health and well-being of clinicians during the COVID-19 outbreak

• **Coronavirus Anxiety Workbook** – A tool to help build resilience during difficult times

• **COVID-19 Tips Part 1 (for patients) and Part 2 (for providers)** – Tips for coping with the COVID-19 pandemic by Amy Walters, PhD at St. Luke’s Humphrey’s Diabetes Center

• **Kindness Poem** – A poem by Naomi Shihab Nye

### Apps for Self-Care

• **Headspace** – Headspace, a guided meditation app, is offering all US healthcare professionals who work in public health settings free access to Headspace Plus through 2020

• **Moodgym** – Similar to an interactive self-help book which helps to learn and practice skills to prevent and manage symptoms of depression and anxiety

• **Insight Timer** – A large, free library of guided meditations

• **Sanvello (formerly Pacifica)** – On-demand help for stress, anxiety, and depression

• **Calm** – An app for sleep, meditation, and relaxation

• **Buddhify** – A meditation and mindfulness app designed to fit busy lifestyles

• **Stop, Breathe, & Think** – A friendly app to guide people through meditations for mindfulness and compassion

### Perinatal Considerations

• **pregnancycovid19.com** - Information hub containing handbooks, toolkits, and additional resources for medical professionals to understand and address concerns about COVID-19 among pregnant women

• **American College of Obstetricians and Gynecologists COVID-19 Information** - Latest practice guidance: Advisory on Novel Coronavirus 2019 (COVID-19) including an algorithm to aid in assessment and management of pregnant patients with suspected or confirmed COVID-19

• **Society for Maternal Fetal Medicine COVID-19 Guidance** – Up-to-date guides and webinars containing information about caring for pregnant women for maternal-fetal medicine practitioners

• **CDC on Breastfeeding** - If a patient is breastfeeding and has symptoms of or confirmed COVID-19, here are steps they can take to avoid spreading the virus to their baby

• **PRIORITY** - Pregnancy CoRonavirus Outcomes RegIStRy (PRIORITY) is a nationwide study of pregnant or recently pregnant women who are either under investigation for Coronavirus infection (COVID-19) or have been confirmed to have COVID-19
**Pediatric Considerations**

- [Talking to Children](#) — Guidance for parents in talking to children about coronavirus
- [Child-Centered Play Therapy](#) — Information on child-centered play therapy and telehealth
- [Coronavirus Coloring Book](#) — A coloring book from St. Jude’s to help children understand COVID
- [My Hero is You (Spanish version)](#) — A storybook to teach children how they can fight COVID
- [Why Do I Have to Stay Home?](#) — A social narrative for children
- [The Story of the Oyster and The Butterfly](#) — A book to explain COVID to children
- [Resources for ASD and Intellectual Disability](#) — A collection for resources for children with ASD and/or intellectual disabilities
- [Resources for Pediatric Considerations](#) — A list of pediatric resources
- [Parent Emotion Suppression Influences Physiological Linkage and Interaction Behavior](#) — An article talking about how parents can influence children’s emotional responses
- [Parenting](#) — Articles and newsletters about parenting by the New York Times