

PROVIDER RESOURCES

- [ACOG Committee Opinion 711](#) – American College of Obstetricians and Gynecologists opinion on OUD in pregnancy.
- [“Commonly prescribed medications and potential false-positive urine drug screens”](#) – Literature review to identify false positive UDSs associated with clinic formulary medications
- [“The Effects of Marijuana on Fetal Development”](#) – Webpage from MGH Center for Women’s Mental Health.
- [Edinburgh Postnatal Depression Scale](#) – Ten item self-report assessment. Free to use. Meant for screening purposes, not diagnostic.
- [“The Grass Isn’t Always Greener: The Effects of Cannabis on Embryological Development”](#) – BMC Pharmacology and Toxicology article.
- [Home Visiting Program](#) – Brochure for Maternal, Infant, Early Childhood Home Visiting Program
- [IBM Micromedex](#) - Online reference databases about drug information, toxicology, diseases, acute care and alternative medicine
- [Idaho Harm Reduction Project](#) - Idaho Harm Reduction Project works to serve the drug using community of Idaho, as well as the general public by creating safe communities through evidence based programming, education, needle exchange and appropriate needle disposal.
- [Infant Risk Center](#) – Website for center from Texas Tech University Health Sciences Center. Provides research for medication safety during pregnancy and lactation.
 - 806-352-2519
- [In the Realm of Hungry Ghosts](#) – Amazon page for book on a physician’s work with the severely addicted.

- [Services for Frontline Workers](#) – PDF flyer with information for coronavirus counseling services for frontline workers
- [LactMed](#) – Online database about lactation and medications
- [Language Matters](#) – Website with guidelines for abandoning words that reinforce stigma regarding SUD
- [Legal Concerns Regarding Marijuana and Pregnancy](#) – Write up of legal concerns and some guidance for providers
- [MGH Center for Women’s Mental Health](#) – Reproductive Psychiatry Resources & Information Center website.
- [MotherToBaby](#) – Website providing evidence-based information to mothers, health care professionals, and the public about medications and other exposures during pregnancy and while breastfeeding.
 - 866-626-6847
- [“Opioid overdoses among women have increased dramatically. But treatment centers are still designed for men”](#) – Web article.
- [Perinatal Psychiatry Consultation](#) – Providing telephone consultation to healthcare providers caring for women with mental health needs during pregnancy and postpartum
- [“Opioid Use Disorder in Pregnancy”](#) – *Mental Health Clinician* article, published in 2019.
- [Clinical Guide for Treating Pregnant and Parenting Women with Opioid Use Disorder and their Infants](#) – PDF manual from SAMHSA
- St. Luke’s SUPPORT Clinic
 - 208-381-3088; woodworj@slhs.org
- [Postpartum Support International](#) – Website with information, resources, and an online community for postpartum support. Helpline also included on this website.

- Perinatal Psychiatric Consult Line for providers: 1-800-944-4773
(Ext. 4)
- [Reprotox](#) - contains summaries on the effects of medications, chemicals, infections, and physical agents on pregnancy, reproduction, and development.
- [SPROUT](#) - informal drop-in session which will include a brief didactic presentation related to addiction treatment for pregnant, postpartum, and parenting patients, an opportunity to get input on patient cases, and a chance to network with colleagues working with this patient population
- [“What You Need to Know About Marijuana Use and Pregnancy”](#) – Webpage from Centers for Disease Control and Prevention.
- [“U.S. Surgeon General’s Advisory: Marijuana Use and the Developing Brain”](#) – Webpage from HHS.gov

Neonatal Abstinence Syndrome Resources

- [NAS Finnegan Scoring System](#) – PDF with Finnegan scoring sheet and information slides
- [NAS Pharmacologic Treatment Advancement Algorithm](#) – PDF with algorithm for treating infants with NAS with medications
- [NAS Information pamphlet](#) – PDF pamphlet with general information on NAS
- [NAS Timing and Substances Withdrawal Symptoms](#) – PDF chart of substances and what symptoms of withdrawal are likely to happen in what timeline.
- [NAS Toolkit.org](#) – Website with compilation of articles relating to NAS.
- [NAS Weaning Pharmacologic Treatment Algorithm](#) – PDF algorithm for weaning infants off medications they have been getting treated with for NAS.

PATIENT RESOURCES

- [Friends of Children and Families](#) – Head Start and Early Head Start; Free preschool with support services to help children 0-5 years old access medical, dental, and social support. Available in Boise and Meridian
- [Home Visiting Program](#) – Brochure for Maternal, Infant, Early Childhood Home Visiting Program
- [Idaho Infant Toddler Program](#) - coordinates a system of [early intervention services](#) to assist Idaho children birth to three years of age who have a developmental delay or who have conditions (such as prematurity, Down Syndrome, hearing loss) that may result in a developmental delay
- [Idaho Parents Unlimited](#) - works with parents, family members, and caregivers of children and youth with disabilities and special health care needs and the professionals who are a part of their lives.
- [MGH Center for Women’s Mental Health](#) – Reproductive Psychiatry Resources & Information Center website.
- [MotherToBaby](#) – Website providing evidence-based information to mothers, health care professionals, and the public about medications and other exposures during pregnancy and while breastfeeding.
 - 866-626-6847
- [Nurse-Family Partnership Outreach](#) – Website for program in which registered nurses make home visits to vulnerable first-time mothers (here is the [program flyer](#))
- [Peanut app](#) – App for moms to meet like-minded moms.
- [Postpartum Support International](#) – Website with information, resources, and an online community for postpartum support. Helpline also included on this website.

- Tollfree helpline for women and families: 1-800-944-4773 (ext. 1 for English, ext. 2 for Spanish)
- [Pregnant Women and Women with Dependent Children \(PWWC\)](#) – Webpage from the Idaho Department of Health and Welfare.
 - To find out if you qualify for state funded treatment, call 1-800-922-3406

Free Online Meetings and Virtual Platforms

- [12 Steps.org](#) – Listing of online 12-step meetings on various platforms
- [Al-Anon Electronic Meetings](#) – This forum and recovery chatroom for Narcotics Anonymous members features voice chat, Skype, and text chat meetings connecting people from around the world
- [Alcoholics Anonymous Online Intergroup](#) – Listing of online meetings from AA Intergroup
- [Narcotics Anonymous](#) – Listing of online meetings provided by NA
- [Smart Recovery](#) – Message board, chatroom, online meetings, and online library
- [Adult Children of Alcoholics](#) – Phone and online meetings
- [In the Rooms](#) – An online platform supporting a wide range of 12-step and non-12 step meetings
- [Bridge Club Virtual Meetings](#) – Meetings that are specifically focused on women and LGBTQIA+ folks who are sober or interested in sobriety
- [Refuge Recovery Online Meetings](#) – Listing of daily online meetings
- [Families Anonymous Virtual Meetings](#) – Online meetings for parents, grandparents, siblings, spouses, significant others, other family members, and friends of those with a current, suspected, or former drug problem
- [Life Ring Recovery](#) – Listing of online meetings
- [The Temper](#) – An online publication/site that explores life through the lens of sobriety, addiction, and recovery

- [My Recovery](#) – Online 12-step meetings
- [Sober Grid](#) – A free online social networking platform for people in recovery.
Available in mobile app stores