ECHO Idaho: Opioid Addiction and Treatment
TeleECHO™ Session
May 24th, 2018

Non-Opiate Treatment Alternatives for Managing Chronic Pain

The speaker has no significant financial conflicts of interest to disclose.
Learning Objectives

• Perspective on Non-Opiate treatment possibilities

• Three Conservative Treatment Options You Can Easily Learn and Provide in Your Clinic.
  – Trigger Point Injections
  – Fascial Distortion therapy
  – Scar Injections
Follow Up from Last Session

LEARN A SKILL THAT WILL IMPROVE YOUR PATIENT’S LIFE, IMPROVE PUBLIC HEALTH AND GENERATE REVENUE TO YOUR PRACTICE.

Dear Health Care Provider:
$49 for 3.5 CME

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A Perspective for Non-Opiate Chronic Pain Treatment

• There is no such thing as a bad or good patient. Every person has value and deserves an attentive evaluation and thoughtful treatment plan.

• Fallacy: You get a needle of the right length and stick it in the right place and you can cure all the worlds problems

• The patient and provider story: So far, pain has been your faithful friend and may be for the rest of your life, but you are a survivor. I may not be able to cure your pain; but I will walk beside you and see if I can help as you carry this burden. Ultimately, only you can make yourself happy.
Ask questions, listen, review records, talk to family, examine, think and discuss

Nobody walks in to your office with a label. Your job to first understand: who has SUD, identify cause of chronic pain, identify coexisting psychiatric disorders, and how each of these is affecting the patient; then find the best treatment plan.
Non-Opiate Chronic Pain Treatments

- Appropriate physical activity
- Treatment of SUD and psychiatric conditions
- Non-opiate medications
- Injections, radiofrequency ablation, implants, surgery
- Mindfulness

- FASCIAL THERAPIES
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