



ECHO Idaho: Opioid Addiction and Treatment Clinic

ECHO for Addressing Opioid Addiction & Treatment

March 15, 2018

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Medical Facilitator

ECHO Idaho Manager

The speakers have no significant financial conflicts of interest to disclose.

Learning Objectives

1. Introduce Participants to the ECHO model
2. Share the Vision and Goals of the Opioid Clinic
3. Clarify what to expect before, during, and after clinic sessions

Project ECHO

Our vision is to improve healthcare for underserved patients all over the world - FAST



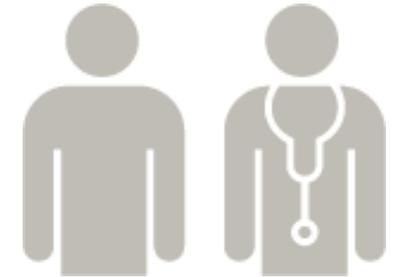
People need access to specialty care for complex conditions



Not enough specialists to treat everyone, especially in rural areas



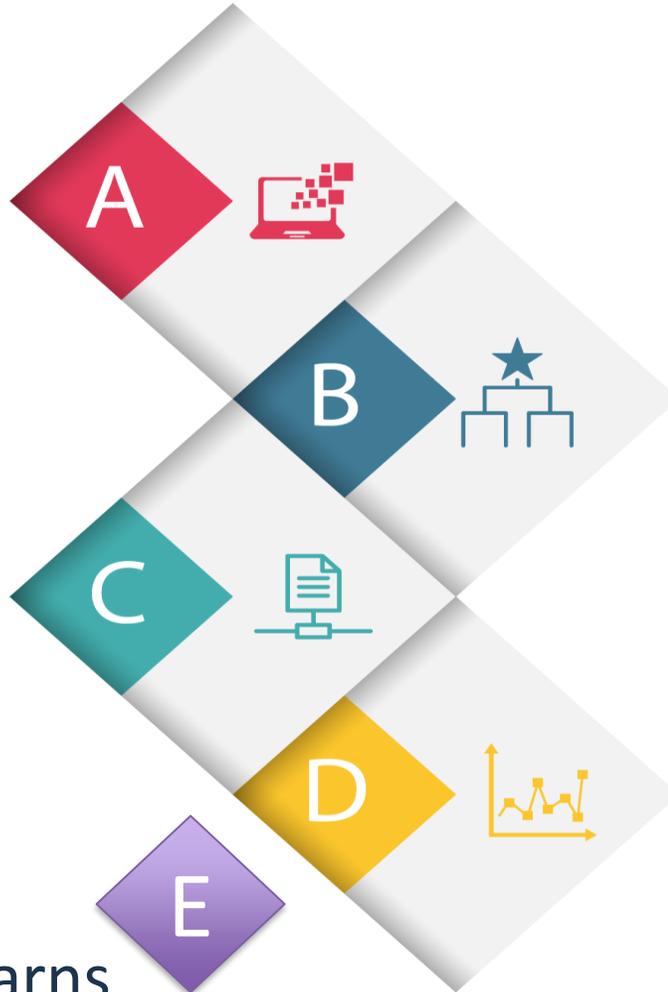
ECHO® trains primary care clinicians to provide specialty care services



Patients get the right care, in the right place, at the right time.

Guiding Principles

Amplification – Use **Technology** to leverage scarce resources



Share **B**est Practices to reduce disparity

Case Based Learning to master complexity

Web-based **D**atabase to **Monitor Outcomes**

Everyone teaches, everyone learns

Vision & Goals of the Opioid TeleECHO Clinic

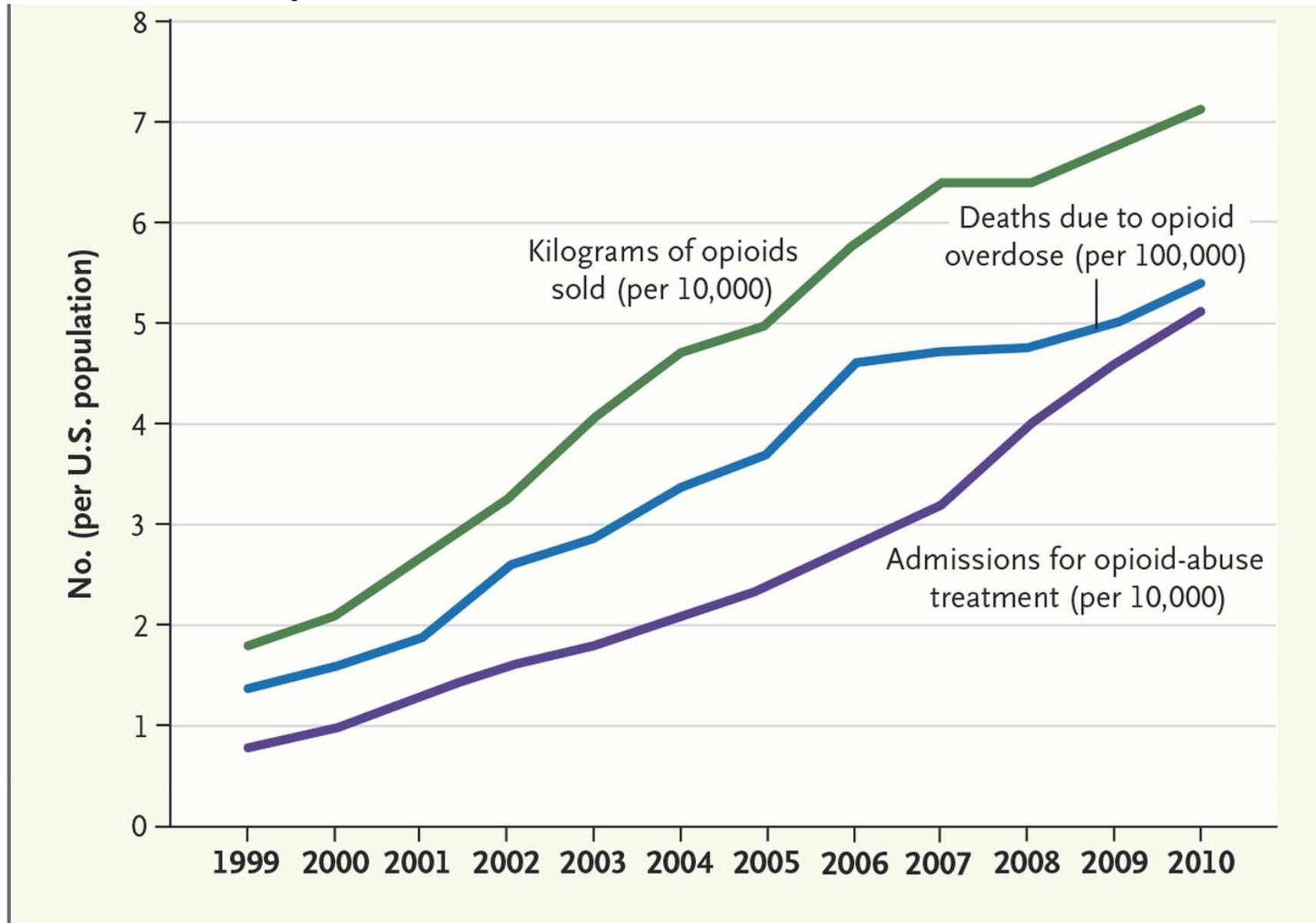
- Create a network of colleagues across Idaho who have an interest in enhancing patient care, treatment and management of opioid abuse
- Share best practices across disciplines and communities
- Incorporate a mix of work and learning to master complexity
- Identify knowledge/resource gaps to inform future ECHO topic areas



Opioids have become a big problem in the US

- 1990s: new norm that all pain should be eliminated (pain as the 5th vital sign)
- Pharmaceutical company promotion
- Opioid over-prescribing
- Diversion and widespread non-medical use of opioids, especially among youth
- Heroin widely available and less costly
- Limited access to medication treatment

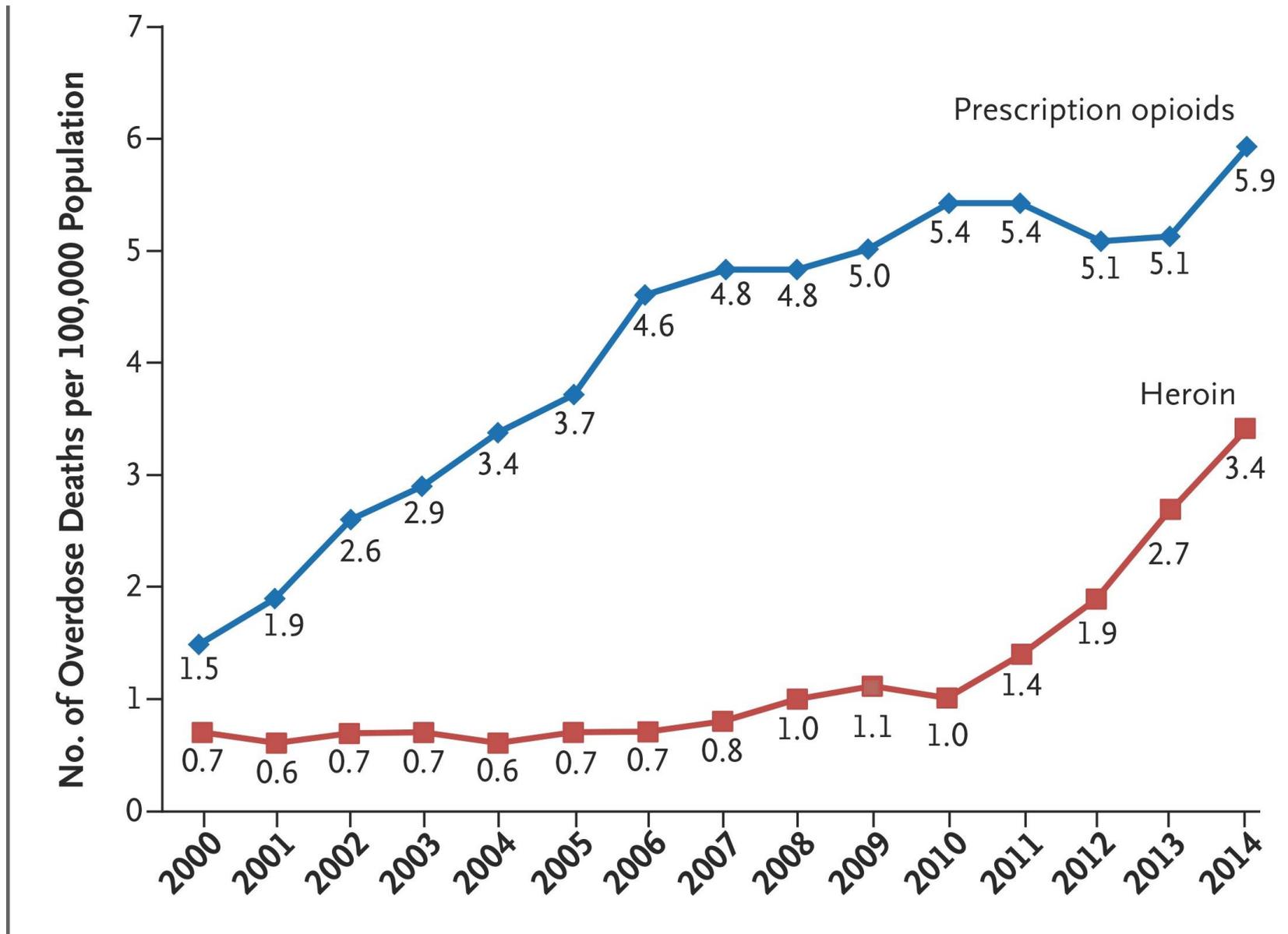
Opioid Sales, Admissions for Opioid-Abuse Treatment, and Deaths Due to Opioid Overdose in the United States 1999–2010



Volkow ND
et al. N
Engl J Med
2014;370:
2063-2066



Age-Adjusted Overdose Death Rates Related to Prescription Opioids and Heroin in the United States, 2000–2014



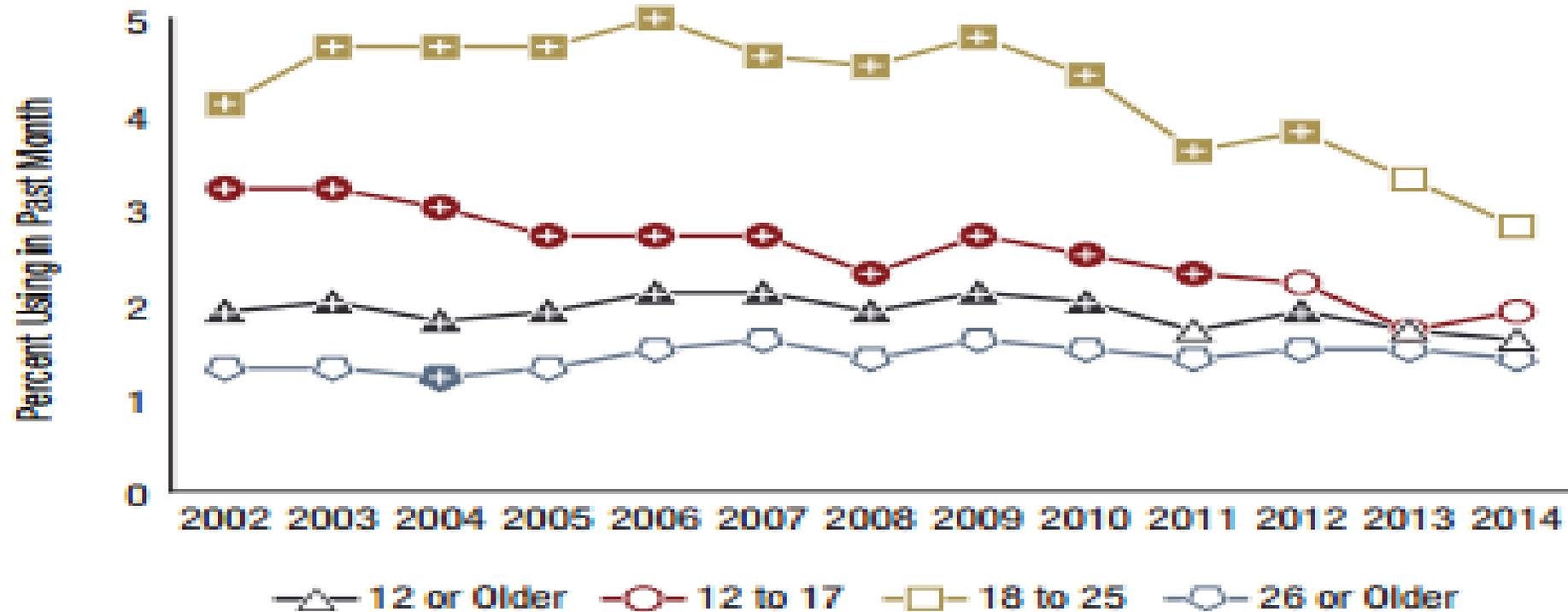
Comptom
[N Engl J Med.](#)

2016 Jan
14;374(2):154-
63



Trends in Non-Medical Use of Pain Relievers

Figure 6. Past Month Nonmedical Use of Pain Relievers among People Aged 12 or Older, by Age Group: Percentages, 2002-2014



Hedden et al. Behavioral Health Trends in the United States: Results from the 2014 National Survey on Drug Use and Health from SAMHSA



91
AMERICANS

die every day from
an **opioid overdose**
(that includes prescription
opioids and heroin).

"Drug overdose deaths are the leading cause of injury death in the United States, ahead of motor vehicle deaths and firearms (deaths)," the Drug Enforcement Agency announced in November, 2015

<http://www.cnsnews.com/news/article/susan-jones/dea-drug-overdoses-kill-more-americans-car-crashes-or-firearms>

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Email announcements echoidaho@uidaho.edu

Idaho Opioid Addiction and Treatment TeleECHO Clinic

Topic: Introduction to Opioid Addiction & Treatment

Presenters: Todd Palmer, MD & Lachelle Smith, MPP

Date: Thursday, March 15, 2018

Time: 12:15-1:15 p.m. MDT / 11:15-12:15 p.m. PDT

Clinic Resources:

- [Agenda](#)
- [Slides](#)

Connecting to Clinic

- Join from PC, Mac, iOS or Android:
<https://echo.zoom.us/j/3376194552?pwd=gFtL3HSleko>
- Password: 208208
- [Additional ways to Join](#)
- For help with connecting, please call 208-364-4072 or email boisehelp@uidaho.edu.

Continuing Medical Education

Post Evaluation and Instant CME

To claim no-cost CME, complete the survey accessible at the end of the clinic session. The session is designated for a maximum of 1.0 AMA PRA Category 1 Credit™. Physicians should claim credit commensurate with the extent of their participation in the activity. Post Evaluation is the best way for us to receive real time feedback on the clinic. Please complete the survey even if you are not claiming CME.

Presenting a Case

We welcome patient case presentations related to opioid abuse and treatment. If you would like to present a case, please complete [this form](#) and email to echoidaho@uidaho.edu or fax: 208-885-7910.

- **HIPPA Compliance:** All patient information will be de-identified for presentation at the clinic. To ensure HIPAA compliance, the ECHO team will assign an ID to your case. Please identify your patient(s) only by their assigned ID.

Post Session Evaluation Surveys

- Evaluations provide useful feedback to improve the TeleECHO sessions
- Click the “Post Evaluation Survey” link in the clinic announcement email at the end of clinic.
- Complete a survey for each session you attend

Evaluation Survey and CME Credits

- Fill out the short evaluation at the end of the session to receive your no-cost CME credit for each session you attend.
- Each session will be designated for a max of 1.0 *AMA PRA Category 1 Credit*™. Claim only the credit commensurate with the extent of your participation in the session.
 - Non-physician providers should check with their licensing board to be sure these credits meet their continuing education requirements.
- Emailed out this session, starting next time self-print CME certificate
- Contact echoidaho@uidaho.edu with questions/concerns



Curriculum

Thurs 12:15-1:15 MST	Proposed Topic
3/15/18	Using ECHO to Address Opioid Addiction & Treatment
3/29/18	CDC Guidelines Review
4/12/18	Taking a Pain history, Functional Assessment, Establishing a Pain Diagnosis, and Pain Tracker
4/26/18	Opiate Use Disorder and Evidence Based Screening for it Including SBIRT
5/10/18	Non-opiate Therapy For Pain
5/24/18	Addiction Treatment Overview
6/7/18	Use of the PMP and BOP metrics
6/21/18	Buprenorphine in Primary Care
7/5/18	No ECHO - Independence Day Holiday

Curriculum Continued

Thurs 12:15-1:15 MST	Proposed Topic
7/19/18	Urine Drug Testing
8/2/18	Treating Depression and Anxiety in the Presence of Chronic Pain and/or Opiate Use Disorder
8/16/18	Diversion
8/30/18	Risk Reduction
9/13/18	Cognitive Behavioral Therapy for the Primary Care Provider in the Treatment of Chronic Pain
9/27/18	Opiate Use Disorder and Pain Control in Special Populations (Pregnancy)

What to Expect During Clinic Sessions

- TeleECHO clinic sessions contain two main parts
 1. Didactic Presentation
 - 10-15min presentation by expert/specialist on the topic of Opioid Addiction and Treatment, then time for questions
 2. Case Presentations
 - Participants present real cases to discuss with the network and receive feedback/advice from hub and spoke
- All Teach, All Learn



ECHO Etiquette

- All participants introduce themselves
- One person speaks at a time. Mute yourself when not speaking
- Communicate clearly during clinic
 - Direct your attention to the camera
 - Speak clearly
 - Use the chat function when appropriate
- Webcams on!
- Feel free to eat or drink during clinic sessions
- Show kindness to fellow participants
- Questions are encouraged

No Protected Health Information

- Including: names, initials, birthdate (except year), address, city, tribe, place of employment
- Use assigned ECHO ID when referring to patient
 - ECHO ID is an 8 digit number to identify patients to avoid use of personal health information
 - ex: 4-031518-1



How to Present a Case

- Fill out Case Presentation Form as completely as possible – no PHI
- Send in to ECHO:
 - Secure email: echoidaho@uidaho.edu
 - Fax: 208-885-7910 (Att: ECHO Idaho Opioid)
- Project ECHO staff will send back ECHO ID and confirm date of case presentation
- Attend session, share case and questions with the network
- Project ECHO staff will send written recommendations from the Hub Team after the session



Send completed form to: Echoidaho@uidaho.edu or fax 208-885-7910



ECHO Idaho: Opioid Addiction Treatment Patient Case Presentation

***Please do not attach any patient-specific files or include any Protected Health Information.**

Date: Presenter: ECHO ID:

Have you presented this patient during this teleECHO clinic before? Yes No

PLEASE STATE YOUR MAIN QUESTION FOR THIS PATIENT CASE:

Requesting help with diagnosis Help with medications

Demographic Information:

Age:

Housing:

Gender: Male Female Transgender

Education/Literacy:

Social History:

Patient Strengths/protective factors	Adverse Childhood Events
<input type="text"/>	<input type="text"/>

Describe any cultural factors that may have an impact on this patient's situation (e.g. beliefs about indigenous healing practices, cultural prohibitions of discussing illness, etc):

Substance Use History:

Behavioral Health Interventions that have been tried:

Medications Tried for Relapse Prevention? (Specify):

Key Points

- ECHO moves information instead of patients/providers to treat complex diseases in rural areas
- In ECHO, everyone teaches and everyone learns by sharing best practices and discussing cases
- Rely on the spoke participants to present cases
- Be open to giving and taking suggestions for improvement as we launch Idaho's first ECHO Clinic!
- Questions/comments: echoidaho@uidaho.edu

